

BACKYARD ULTRA “LŪŠA PĒDĀS” 2027

RULES AND REGULATIONS

1. AIM AND OBJECTIVES

- 1.1. To encourage physical activity among the population.
- 1.2. To promote running and the Backyard Ultra race format.
- 1.3. To determine the most enduring runners at the BYU “Lūša Pēdās” 2027 event.

2. LOCATION AND TIME

- 2.1. The race takes place around the Radžu Reservoir.
- 2.2. Race venue: Jēkabpils Mežaparks, Mežaparka iela 15, Jēkabpils, Latvia.
- 2.3. The Backyard Ultra “Lūša Pēdās” race starts on 17 April 2027 at 11:00.

3. RACE ORGANISATION

- 3.1. The race is organized by the association “Skrien Jēkabpils!” (registration No. 40008323790) in cooperation with Jēkabpils Sports Centre (registration No. 40900008726).
- 3.2. Chief race official: Rūdolfs Bondars, tel. +371 29382018.

4. PARTICIPANTS

- 4.1. Any runner who is confident in their endurance during the race may participate in the BYU “Lūša Pēdās” event.
- 4.2. Participants are responsible for their own health and safety, as well as for complying with traffic regulations during the race.
- 4.3. Participants must assess their own ability to continue and may decide to withdraw from the race at their own discretion.
- 4.4. If a participant withdraws, the organizers are not responsible for transporting them to the finish area.
- 4.5. Participants under the age of 18 must attend the race accompanied by a responsible adult. The responsible adult must sign the registration form or otherwise confirm consent to the participant’s participation. The organizers accept no responsibility for participants’ health

conditions or any injuries sustained during the race, insofar as such injuries have not resulted from unlawful conduct or gross negligence on the part of the organizers.

4.6. By registering for the race, participants acknowledge that their image, voice and other visual recordings may be used for race coverage, publicity, public relations activities and the organizer's marketing purposes.

4.7. The publicly available participant list may include each participant's first name, surname, gender, country, city and team affiliation.

4.8. Participants undertake to comply with epidemiological measures prescribed by the government.

5. RULES AND SCORING

5.1. BYU "Lūša Pēdās" 2027 is an event in which participants must complete a 6.706 km loop every hour.

5.2. Each loop starts exactly one hour after the start of the previous loop.

- Warning whistle signals will be given 3, 2 and 1 minute before each loop start.
- All participants must begin the loop at the start signal and must be present in the starting area. Late starts are not permitted.

5.3. The race bib must remain clearly visible throughout the entire event.

5.4. Participants may not transfer their race bib to another person during the event or on the course.

5.5. The organizers are not obliged to record a participant's result and reserve the right to disqualify any participant who fails to comply with the race bib rules. This includes, but is not limited to, wearing the bib on the back, carrying it folded in the hands, covering it with a hand or transferring it to another person.

5.6. If a participant requests medical assistance, they must follow the medical personnel's instructions regarding whether their health condition allows them to continue the race.

5.7. Participants who are caught engaging in unfair conduct, violating these rules or failing to complete the entire marked course will be disqualified. Evidence may include observations by course officials, video surveillance footage or other evidence available to the organizers.

5.8. Participants must respect the environment and must not litter the race course. Used sports nutrition packaging must be taken to the race center or to a location where a waste bin is available.

5.9. After completing a loop, participants may use the available time as they wish to prepare for the start of the next hour.

5.10. People who are not participating in the race, including withdrawn participants, are not permitted to accompany runners on the course. A violation of this rule may result in disqualification.

5.11. Personal assistance from outside the race is not permitted during a loop. Assistance may be received only at the race center after the loop has been completed.

5.12. Each loop must be completed within one hour to count as a completed loop.

5.13. Additional equipment is not permitted, including poles.

5.14. The winner of BYU “Lūša Pēdās” is the runner who completes the greatest number of full loops and completes the final loop alone. If the last remaining runners withdraw simultaneously or are unable to complete a loop within the full hour, there will be no winner.

5.15. All participant results are recorded based on the number of full loops completed within the one-hour time limit.

5.16. Course surface: gravel and asphalt.

5.17. Mandatory equipment for all participants: a headlamp or flashlight during the hours of darkness, from 20:00 to 06:00, and reflective elements.

5.18. Participants are responsible for familiarizing themselves with the latest version of these rules before the race.

6. REGISTRATION ON RACE DAY

6.1. Tent spaces will be available for participants.

6.2. The race area will open on 16 April at 16:00.

6.3. Race bibs can be collected on race day from 09:00.

7. AWARDS

7.1. Every BYU participant will receive a race souvenir.

7.2. The 100 most enduring participants will receive original BYU medals and products provided by the event’s supporters.

7.3. A special prize will be awarded to the most enduring female participant.

7.4. The BYU winner will receive the main race prize, souvenirs and products provided by the event's supporters.

8. APPLICATIONS AND ENTRY FEES

8.1. Entry fee until 13 February 2027: EUR 40.00.

8.2. Entry fee from 14 February 2027 to 31 March 2027: EUR 45.00.

8.3. Entry fee from 1 April 2027 until 23:59 on 12 April 2027: EUR 50.00.

8.4. Registration on race day is not available.

8.5. Online registration closes at 23:59 on 12 April 2027.

8.6. The entry fee is non-refundable if a participant does not take part in the race or withdraws their registration.

8.7. The entry fee cannot be transferred to another participant or carried over to the following year.

8.8. The participant limit is 250, plus recipients of free entry places.

9. ORGANISERS

9.1. The organizers accept no responsibility for injuries that participants may sustain during the race.

9.2. The organizers will provide a limited number of tents that participants may use to store their belongings. Participants may also set up their own tents in the race center, subject to prior agreement with the organizers regarding the location.

9.3. The organizers accept no responsibility for participants' personal belongings at the race center.

9.4. The organizers are not responsible for collisions or road traffic accidents during the event if they are caused by the negligence of a participant or vehicle driver.

9.5. A car park is located next to the race center, where runners may park their vehicles and use them between loops.

9.6. Hot water in a thermos, tea, fruit and snacks will be available in the organizers' tent.

9.7. Soup and *bukstiņputra* (a traditional Latvian barley and potato dish) will be available on the afternoon of the first day.

9.8. Participants may use the showers at Jēkabpils Sports Hall, Brīvības iela 289B, Jēkabpils, during its opening hours on 17 April, from 10:00 to 18:00. Participants must present their race bib at the information desk.

9.9. Participants are advised to bring their own snacks, food, drinks, a change of clothes and a tent. They should consider bringing anything that may help improve their comfort between loops. Extension leads will be available to provide electricity to participants' tents. Participants should bring their own extension leads for charging small electronic devices. Electricity must not be used for heaters or electric kettles.

9.10. The organizers reserve the right to make changes to and additions to these rules.

9.11. The organizers are not responsible for participants' failure to familiarize themselves with these rules.

Race course:



Rules and regulations approved: 29.10.2027